



Dusty singletrack, lung busting climbs, jaw dropping descents and trails all to yourself – we've got it all!

# singletrack day trip

These day trips are aimed at mountain bikers who have the singletrack bug, but have limited time in South Africa



**Tour Duration** 1 day

**Level** Advanced beginner to advanced rider. With such a range of options, there is something for everyone (as long as you love singletrack!)

**Terrain** Huge variety of cross country or downhill singletrack. Smooth flowing trails in some areas and rocky, rooty & tight, narrow singletrack in others. You can also look forward to drops, jumps, logs and northshore features on these rides.

**Includes** Transfers & ride shuttles

Fully guided rides with passionate and enthusiastic guides

Riding permits

Lunch and energy bars

\*Vegetarians catered for, please let us know

**Excludes** Bike hire

Travel insurance

Personal clothing and equipment

**Bike hire** From R250/day including helmet, water bottles, spares and tools

High quality bikes to choose from. Hardtails, singlespeeds, 29'ers and full suspension. Check our website for more details.

**Price** From R500/person (minimum 2 people)

**Extras** Wine tasting

If you only have a day or two to spare in South Africa and need your 'singletrack fix' then come and ride with us! These days are based around maximum singletrack time. We have an amazing variety of trails to choose from, based either in **Cape Town** or the **Stellenbosch** region. We can customise your day depending on your skill level or what kind of riding you want to do – we are here to please!

Expect vineyards, forests, fynbos, ocean views, wildlife and of course plenty of sunshine! iRide Africa will transport you around the beautiful Cape and take you on fully guided rides packed with the sweetest singletrack.

Of course, if you would like to sample the local wines after you have ridden through the vineyards then we can arrange for that too!



[www.iRideAfrica.com](http://www.iRideAfrica.com)

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